

Winter 2005

Inside this Issue

3d Battalion Soldiers
Return

More Installations Privatize Family Housing

Scholarships for Military Children Application Deadline Approaches

Army OneSource

7-Eleven, USO Band Together to Support U.S. Troops Through Sale of Wristbands

Housing, Meal Allowances Increase This Month

Home Depot's Project Homefront

Tax Time FYI

9 Becoming a Couple Again

10 More Fixes To Reserve Pay Issues

3d Battalion/383d Regiment/3d Brigade/75th Division (TS) 26 Sherman Road Saint Louis, Missouri 63125-4191

3/383d Family Readiness Bulletin

3d Battalion Soldiers Return

By MAJ Rick Aper

The last of a group of soldiers began Home Station Activities on January 22, 2005 to complete the process of being released from Active Duty. These soldiers and those who returned last month have completed a full 24 months of duty in service to our nation. The service they performed represents a great sacrifice to their families and employers, and all are grateful for their service and return home.

They have completed missions requiring training of US Army Reserve, Army National Guard, Air National Guard, Marine Reserve, and Navy Reserve units from a variety of states—most notably Missouri, Iowa, Nebraska, and Kansas. These fine trainers conducted missions at a host of locations including Fort Riley, KS; Fort Leonard Wood, MO; Camp Crowder, MO; Fort Hood, TX; Fort McCoy, WI;



Fort Bliss, TX; and Fort Dix, NJ.

This has been a historic mission for the unit which mobilized for the first time as part of the 75th Division (TS) which had not been an Active Duty unit since World War II. This mission

has seen 3d Battalion soldiers mobilized in support of Operation Enduring Freedom for a period longer than many units deployed to Afghanistan and Iraq. During the course of their two-year mobilization, they trained over 10,000 personnel from a host of units. Their primary mission encompassed Urban Operations, Convoy Security, Base Defense Operations and Live Fire Exercises at Ft Riley. They also trained on policy and procedures for processing Enemy Prisoners of War.

In the midst of this training, most of these soldiers graduated from professional development schools or received much deserved honors in the form of promotions, awards, coins, or other accolades.

Several will take advantage of a well-deserved break period from military duty, while more still will return to regular monthly Drill starting in February. The unit will formally recognize all of its returning soldiers in the Welcome Ceremony scheduled for March 12, 2005.

More Installations Privatize Family Housing

By Khaalid Walls

WASHINGTON (Army News Service, Jan. 05, 2005) The Army's effort to privatize family housing gained considerable momentum in 2004 with six projects, including 11 installations being transferred to private-sector developers.

In September, Fort Polk, La., transferred its housing to developers and site preparation for new homes has begun. Fort Shafter and Schofield Barracks in Hawaii transferred their housing in October; Fort Eustis and Fort Story,

Continued on page 2

Comments from the Commander

By LTC Gerard Rideaux

I cannot emphasize enough how grateful I am to the families of each soldier for the sacrifices that you have and undertaken and will make in the future to support our efforts. Frequently, civilians I encounter on a daily basis come up to me, shake my hands, and tell me "Thank you for your service." I acknowledge their gratitude, and in turn thank them for their unyielding support. The bottom line is that as soldiers we cannot perform our duty and succeed in completing our mission unless we have the full support of our families.

While my soldiers are mobilized and deployed throughout the world, their loved ones are back home taking care of the household, paying the bills, making sure the kids get to school, and dealing with all other challenges that arise in day-to-day life. Because you are home skillfully attending to these issues, you allow your loved one to concentrate on the job at hand and meet mission requirements.

While the soldiers of the 3d Battalion are well aware of the role they play in the Global War on Terror, it is important for you to understand that you, too, play a vital role in this effort. This has been a long campaign, and no one can say with any certainty when the mission will end. I ask that you remain steadfast and resolute until we ultimately complete the mission and all come home for good.



Continued from page 1

Va., in December; Fort Irwin, Calif., in March; Fort Hamilton, N.Y., in June and Fort Detrick, Md., and Walter Reed Army Medical Center, D.C., in July.

Another 10 installations have selected development partners with six of these installations scheduled to transfer their housing early this year. An additional six installations are currently soliciting

bids for development partners.

Currently, 21 Army installations have completely privatized their housing under the Residential Community Initiative, giving management of 50,698 houses to private housing development companies.

Through RCI, the Army provides developers with a long-term interest in

From the Command Sergeant Major

By CSM Danny E. Page

I would like to welcome back our soldiers to the Battalion. Since I came to the 3/383d, I haven't had the opportunity to get to know each of the mobilized soldiers other than brief periods. I look forward to serving with each of you. Here are some helpful suggestions for returning soldiers to make the transition a little easier.

Each soldier must now readjust to civilian life including civilian employment. For some it will be easy. For others it will take a little more patience. This will also be a time of re-acquaintance for spouses and other family members. If your spouse has set in motion new household rules while you were gone, give them a chance to see how they work. If they work, stick with them. On the other hand, some spouses are going to want you to immediately take over the duties like before. Your spouse may be tired and wants relief.

Do not make any important decisions until both parties have all the information. Remember, you have been away for a long time and coming home for a day or two is not the same as being there each and every day living with the bill collector. You have become accustomed to performing this task or that task in a specific order. Family members are not in the Army! Readjustment can be fun with a little imagination and patience!



both land and family housing assets for redevelopment, according to program officials. These developers will on most posts: build new homes, restore old housing, and maintain quality residential communities.

To read more on this article, go to: http://www4.army.mil/news/article.php? story=6719

Scholarships for Military Children Application Deadline Approaches

By Adam Austin

FORT LEE, Va., Jan. 7, 2005 – The deadline to apply for \$1,500 scholarships from the "Scholarships for Military Children" program is Feb. 16, and all applications must be delivered to a Defense Commissary Agency store by the close of business that day.

At least one scholarship will be awarded at every commissary location with qualified applicants, agency officials said.

The application can be downloaded through a link on the Defense Commissary Agency's Web site, or from the Scholarships for Military Children site, and can be filled out by

hand or on the computer. Copies of the application also are available at commissaries worldwide.



Edna Hoogewind,

the agency's liaison to the program, stresses that students should put emphasis on writing the essay portion of the application. "In past years, the essay has been a key factor in deciding among the many outstanding applicants," she said. This year's topic is "How has the heightened awareness of terrorism impacted your life?"

Students who are not hand-delivering applications are advised to use a delivery method that supplies a return receipt. Applicants may visit the Scholarships for Military Children site

and click on the "Verification of Receipt" section. Scholarship managers will respond to "Verification of Receipt" e-mails until June 15, officials said.

Applicants should check all materials carefully for simple things, like making sure the application is signed and that it's the 2005 application, not one from previous years.

The scholarship program is open to unmarried children under 21 (23 if enrolled in school) of active duty personnel, including Coast Guard, Guard and Reserve, and retired military. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System database. Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current ID card, officials said.

Applicants must be planning to attend, or be already attending, an accredited college or university full-time in the fall term of 2005, or be enrolled in a program of study designed to transfer

directly into a four-year program. Additional instructions can be found on the application or at the Scholarships for Military Children Web site.

Fisher House Foundation, a nonprofit organization best known for building comfort homes near military medical facilities, administers the Scholarships for Military Children program. Scholarship Managers, a professional firm that has handled more than 400 programs, screens applicants and awards scholarships. Neither Fisher House nor the Defense Commissary Agency is involved in the decision process, officials emphasized.

The Scholarships for Military Children program is in its fifth year and has awarded nearly 3,000 scholarships and more \$3 million since the first scholarship was awarded. Scholarships are primarily funded through the voluntary donations of the various manufacturers, brokers and suppliers that sell products in commissaries. The general public also can contribute through a link at the Scholarships for Military Children Web site. http://www.americasupportsyou.mil/

Army OneSource

Army OneSource is designed to help you deal with life's issues. 24 hours a day, 7 days a week, 365 days a year you can call in and speak to a master's level consultant or you can go online to access information or email a consultant.

Army OneSource

- Caring for you and your family
- Managing your everyday life
- Available anytime, anywhere
- · Your privacy is assured
- No cost to you

You can also visit a counselor in person, in your local community. You have access to up to six (6) in-person counseling sessions with a licensed counselor at NO COST TO YOU. All you have to do is make the call: From US: 1-800-464-8107, or International toll free: 800-464-81077 or International collect: 484-530-5889. Please note: in-person counseling visits are only available in the U.S. and Puerto Rico

All calls are answered by professional staff 24 hours a day 365 days a year.

You may access a variety of articles and information at the Army OneSource website by going to http://www.armyonesource.com/. If prompted, enter the word "army" for the User ID and "onesource" for the Password. If prompted, select Missouri/National Guard for the Unit Location.

Contacts

Vacant FRG Coordinator

Vacant FRG Treasurer

Miss Sarah Carbrey FRG Liaison 314-269-1114 sarah.carbrey@us.army.mil

CPT Daniel Wilborn Alternate FRG Liaison 314-260-8443 daniel.wilborn@us.army.mil

LTC Gerard Rideaux **Battalion Commander** 314-260-8448 gerard.rideaux@us.army.mil

CSM Danny Page Command Sergeant Major 314-269-1113 danny.page1@us.army.mil

CPT Jason Buck HHC Commander 314-269-1114 jason.buck@us.army.mil

1SG William Tiefenbrunn HHC First Sergeant 314-269-1114 william.tiefenbrunn@us.army.mil

HHC Commander

By CPT Jason R. Buck

Welcome back to all of the soldiers returning from beautiful Fort Riley. I had the opportunity to work with several of you on a limited basis during last AT. After spending a full year as the HHD Commander and working with the soldiers of the 3/383d, both at FRK and at JB, I am convinced that we perform our mission as well as any I've seen. This observation is based on a number of years spent in 4th Brigade and considerable time spent working with 2nd Brigade. Be proud of the job you've done and will continue to do. I look forward to working with returning soldiers to identify ways to improve training and build a supportive FRG.

As the HHD Commander I am excited about the opportunity to develop a strong Family Readiness Group. I will be working closely with my First Sergeant, 1SG Tiefenbrunn, who has recently returned from two years at Fort Riley, to identify areas that need specific attention. Hopefully, with his experience and the expertise of the Battalion leadership we can develop an FRG that not only raises funds for activities, but more importantly provides valuable support to the our soldiers' families both when we are mobilized and when we are at home.

I look forward to working with you, the family members who support the soldiers of the 3/383d to build a strong and supportive Family Readiness Group.

First Sergeant's Corner

By 1SG William E. Tiefenbrunn

This will be my first month as the HHD 1SG. After being mobilized for 2 years at Fort Riley with many of your spouses, I now understand how important it is for the loved one's left behind to have a support system and to be informed on how and what your soldier is doing. I understand in most cases we are able to contact our spouses on a regular basis, however, we need to place more effort on building a strong and supportive FRG for the future, because we don't know what the future has in-store for us.

I will work with the command on developing ways to bring us closer together as an organization, we all know that it is much easier to talk with or comfort someone whom we have established a friendship or a bond with. The only way that we can achieve this is by getting to know each other, rather than just reading a newsletter or talking on the phone. There are many activities that we can participate in together with our families or as adults having the night out with friends that have shared similar experiences.

I hope to see you all at the next FRG function and talk with you in person rather than just having you read a letter once a month.

If you have any suggestion that you would like to see the FRG participate in please feel free to let me know.

7-Eleven, USO Band Together to Support U.S. Troops Through Sale of Wristbands



WASHINGTON – 7-Eleven® customers can support American troops and the United Service Organizations (USO)® by purchasing a "Support Our Troops" wristband. For each wristband sold, \$1 will be donated to the USO to fund programs and services for military service members and their families worldwide.

Suitably camouflage-green in color, the wristband is embossed with "Support Our Troops" on one side and "USO" on the other. They are currently rolling out to participating 7-Eleven stores nationwide and will be available exclusively at those 7-Eleven stores while supplies last.

"Americans want visible ways to show their support for the individuals serving our country," said Jim Keyes, president and CEO of 7-Eleven, Inc. "They have flags at their homes, bumper stickers on their cars ... now they can wear their support on their arm. Besides providing a visible way to say thank-you to our troops, the wristbands help raise muchneeded funds for the USO, which has uplifted those serving in immeasurable ways both in times of war and peace."

"Purchasing a wristband not only supports the USO's efforts on behalf of service members around the world, it also is a visible sign of support for those men and women who are sacrificing so much for their country. The USO greatly appreciates the support of 7-

Eleven," said Edward A. Powell, USO president and CEO.

7-Eleven is the first national retailer to offer a wristband as a way to raise money to support our troops through USO programs.

Housing, Meal Allowances Increase This Month

By Eric W Cramer

WASHINGTON (Army News Service, Jan. 7, 2005) -- Soldiers will see an increase in their basic allowance for housing, designed to reduce or eliminate their out-of-pocket housing costs, with their first January paychecks.

The meal allowance for Soldiers is also set to increase.

Col. Gerald Barrett, chief of the Compensation and Entitlement Division in the Department of the Army's G-1, said the increases have already been "loaded" in to the Defense Finance and Accounting System.

"The goal was to achieve average zero out-of-pocket by '05," Barrett said, "and we've been able to do that."

Lt. Col. Rick Tillotson, a compensation analyst in Barrett's division, said the allowance is based on local median housing costs.

"Say we've surveyed the area and found that, for a warrant officer 3, who is entitled to a three-bedroom house, the housing costs near a given installation average \$1,000 a month. If he rents a house for \$950, he will still get \$1,000. If the house he chooses to rent costs \$1,200, he'll have to pay \$200 out of his own pocket," Tillotson said.

Tillotson said the rates don't decrease as the former Variable Housing Allowance once did.

"It used to be, a Soldier living off post would be authorized, say, \$1,000 a month, and then find a place for \$950," Tillotson said. "Then, when the next survey came around they'd turn that data in and the VHA would reduce to that lower amount. It gradually decreased the housing allowance. It was a 'death spiral' that led Soldiers toward substandard housing."

For full story see:

http://www4.army.mil/ocpa/read.php?st
ory_id_key=6728

Home Depot's Project Homefront

Project Homefront is a national program created by The Home Depot to help military families repair and maintain their homes while a family member is deployed during Operation Iraqi Freedom.

In coordination with Rebuilding Together, the country's largest volunteer home rehabilitation organization, and USA Freedom Corps, a volunteer coordinating council created by the White House, The Home Depot will commit \$1 million to the project and one million hours of service through our Team Depot volunteer corps.

What is Project Homefront? In an effort to provide support to the loved ones of more than 1,700 of our associates who are deployed, The Home Depot has created a nationwide program called Project Homefront.

In coordination with USA Freedom Corps and Rebuilding Together, we will strive to help our associates and military families keep up their home life and their homes while their loved ones are away.

Team Depot will provide one million hours of volunteer service through

Winter 2005

Rebuilding Together for such projects as general household repairs. The company also has pledged \$1 million in financial assistance and contributions of materials to support Rebuilding Together in meeting the home improvement needs of military families.

How do military families get help? What is the family selection criteria? Families in need should contact their local Rebuilding Together affiliate or register online at www.rebuildingtogether.org. Rebuilding Together has developed special guidelines to identify military families and will prioritize selections based on need.

http://www.projecthomefront.org/int_about_proj_home.html



Department of the Treasury Internal Revenue Service

Tax Time FYI

2004 Year End Tax Statements for all military personnel are available online now. Even if Uncle Sam has sent the soldier's W-2 in the postal mail, that same W-2 is available in electronic format online. The Defense Finance and Accounting Service has posted all tax statements on its My Pay Web site. For those filing electronically using tax software, this electronic version may be more convenient for inclusion in this year's tax return. You can access this

tax statement and all other soldier pay information at

https://mypay.dfas.mil/mypay.aspx

Becoming a Couple Again

How to Create a Shared Sense of Purpose After Deployment

Coming together as a couple after war deployment isn't always easy or something that happens naturally. It requires effort, and an understanding that each person has grown and changed during the separation. A positive way to think about this is that both of you, service person and spouse, have developed your own sense of purpose coping with new experiences while apart. What's important now is to come together and create a "shared sense of purpose", that is essential for your well being as a couple, that of your children and your life in the community. This won't happen overnight; it will take time, mutual compassion and a desire to do so. Here are four steps to help you create a "shared sense of purpose".

STEP#1: Understand Each Other's Sense of Purpose During Separation The returning service member's sense

The returning service member's ser of purpose has been shaped by:

Traumatic events that can be difficult to process and talk about.

Identification and closeness with their military unit and comrades who have shared similar experiences.

Regimentation in the form of highly structured and efficient routines.

Heightened sensory experiences including sights, sounds and smells.

Expanded self-importance and identity shaped by war.

The spouse's sense of purpose has been shaped by:

New roles and responsibilities. Many spouses have assumed new or more taxing employment, oversight of finances and child rearing.

What Can This FRG Newsletter Do for You?

Since the FRG newsletter is designed to reach all family members, its tangible and intangible importance cannot be overemphasized. The FRG newsletter represents one aspect of the FRG outreach program and communication system. Its purpose is to

- 1. Create a family camaraderie similar to that shared by the soldiers;
- 2. Relay information from the command and FRG in an effort to reduce social isolation, and convey the command's concern for the soldier and family;
- Inform family members about installation, unit assistance programs, and local civilian agencies that may be available to families for both routine and emergency services;
- 4. Bridge the communication gap between the military unit and family members, thus helping family members better understand not only what the unit is doing, but why;
- 5. Inform the spouse of unit-sponsored activities;
- 6. Provide the spouse an opportunity to realize that others are experiencing many of the same tensions and strains unique to life as part of the military community.

Community support trade-offs. Some spouses and children left the military base to stay with parents and in-laws for various reasons, but will have experienced loss of connection with their military community, its familiarity and support.

Emotional changes. Some spouses may have experienced growing independence and thrived on it; others may have found this a difficult time leading to depression, anxiety, increased alcohol or substance use and abuse, and other symptoms of stress.

STEP #2: Recognize that the following concerns upon return are common, often shared or felt indirectly, and will require mutual adjustments and time:

Home. Life at home does not have the edge and adrenaline associated with wartime duty, which often leads to let down, disappointment and difficulty shifting gears.



Children. Reconnecting with one's children is an anticipated event by service member and spouse. Children react differently depending upon their age, and can be shy, angry, or jealous as new bonds are reestablished. Discipline will now be shared, often resulting in conflicting opinions and styles.

Relationship. Concern about having grown apart, growing close again without giving up individual growth and viewpoints, issues of fidelity, and being able to discuss these issues without raising more anxiety or anger challenge many couples.

Public. While there has been widespread support of the service

member, the public has mixed views of the war. Protracted deployment and an upcoming election may polarize the public, promoting media coverage that can undermine the pride and purpose military families feel about their involvement.

STEP #3: Relationship Breakers: Most couples argue about three things: sex, money and children.

Understanding the potential of these issues to divide rather than unite is key to reestablishing a shared sense of purpose. These issues involve:

Intimacy. Intimacy is a combination of emotional and physical togetherness. It is not easily reestablished after stressful separations creating an emotional disconnect. Spouses may also experience high or low sexual interest causing disappointment, friction or a sense of rejection. In due time, this may pass, but present concerns may include hoping one is still loved, dealing with rumors or concern about faithfulness, concern about medications that can affect desire and performance, and expected fatigue and alterations in sleep cycles.

Finances. During the deployment, most service members and families received additional income from tax breaks and combat duty pay, as much as \$1,000 extra/month. Some families may have been able to set aside appreciable savings; other families may have spent some or all of the money on justifiable expenses and adjusted family budgets. This may create disagreement that can hamper the important work of building shared trust and financial planning as a couple essential to moving forward.

Children. Children have grown and changed during deployment. Some returning soldiers will see children for the first time. It is important to build upon the positive changes in your children, and work as a couple to address issues of concern that need improvement or attention. Discipline of children will now be shared and should be viewed as something that can be built together rather than criticized or ignored.

Upcoming Events

February 13, 2005, 11:00 a.m. Building 44, Jefferson Barracks Welcome Ceremony Coordination Meeting

We will continue to develop the plan of action for implementing the Welcome Ceremony at this coordination meeting. We encourage all family members to take part. For more information call 314-269-1114.

March 12, 2005, 1:00 p.m. Building 26, Jefferson Barracks Family Appreciation Social

This is the opportunity for the unit to say two simple words to the family members of our mobilized soldiers, "Thank you." Come join us for light refreshments and a good time right before the Welcome Ceremony. For more information call 314-269-1114.

March 12, 2005, 2:00 p.m. Building 78, Jefferson Barracks *Welcome Ceremony*

Welcome Ceremony to celebrate the return of 3d Battalion soldiers released from Active Duty. For more information call 314-269-1114.

April 2, 2005, 2:00 p.m. Building 44, Jefferson Barracks FRG Meeting

This is the monthly FRG meeting for the month of March. For more information call 314-269-1114.

Continued on Page 6

Continued from Page 5

April 2, 2005, 10:00 a.m. Building 44, Jefferson Barracks *Mobilization Briefings*

The unit will provide a series of information briefings for the families of mobilizing soldiers. These briefings will provide information on a variety of topics including legal, ID cards, health care, and Red Cross. For more information call 314-269-1114.

More Fixes to Reserve Pay Issues on the Way

A new pay system on the way should make pay for mobilized Army Reserve and National Guard Soldiers more timely and accurate. The Forward Compatible Payroll, scheduled to go online in March, replaces a reserve pay system developed in the 1970s and will eliminate labor-intensive workarounds the current system requires, finance officials said. "Commanders will tell you that three things impact Soldiers' morale -- getting good food, getting mail from home and getting paid on time," said Eric Reid, Army Defense Finance and Accounting Service liaison and chief of Finance & Accounting Oversight and Field Operations Division, Army Finance Command. "Soldiers and their families have a right to be paid timely and accurately. We have an obligation to ensure they are getting the entitlements Congress said they are due." The majority of pay issues in recent years isn't one of not getting paid, Reid said, but mostly whether reservists are getting paid the correct amount when due.

Step#4: Relationship Makers. Here are some thoughts and tips for building a shared sense of purpose and stronger family.

Expectations. Remember that fatigue, confusion and worry, common during this transition, often lead to short tempers. In that frame of mind, it is easy to revert to the relationship breaker issues listed above. If this happens, suggest taking time out and return to discussions when both parties feel more relaxed.

Enjoy life. Find and do activities that are pleasurable such as a movie, a family picnic, bowling or shopping. Create time in your weekly schedule to do something as a couple, as a family, and one-on-one activity that is shared between returning service member and his/her child or children.

Give thanks. Together, thank those people, family, friends, co-workers and new service member buddies, who have helped you and your family during this deployment. Showing appreciation through writing notes together, calling people or visiting them will bring a sense of fulfillment that reunites each other's experiences.

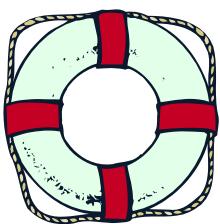
Communicate. Talking together builds a shared sense of purpose. Desire to communicate is more important than details. Service members often prefer to discuss war stories with military buddies to protect their spouse and family from traumatic memories. Spouses should not be offended. Other ways to communicate involve physical activity. Take walks, work out together or engage in a sport. Healthy communication involves processing feelings, new information and relieving stress. Read, draw, paint, dance, sing, play an instrument, volunteer at church or in the community to keep a sense of perspective and individuality as you grow together as a couple.

Let time be your friend. Time may not mend everything, but it is often one of the most important factors in healing and solving problems.

Be positive. A positive attitude is one of the most important gifts you can bring to each other and your family during this time. Appreciating what one has gives strength and energy to a family and a couple. Special

circumstances such as physical injury and psychological problems are not addressed in this fact sheet, and require additional support, information and resources.

Know when to seek help. Both service member and spouse have endured a level of stress, uncertainty, worry and lonesomeness that can affect one's health and mental health. If either spouse or service member suspects they may be suffering from a health or mental health problem, it is essential to seek help. Many service members do not want to seek help for mental health problems from the military for fear of damaging their career. However, the consequences of letting a problem linger untreated can be much more damaging. There are excellent treatments including medications that can help people reclaim their lives and enjoy their families, as they should. You owe it to yourself and your family to be in good health.



Daily Survival Tips

If you spend too much money going out, make a conscious effort to cut back on your spending. Meet a friend for coffee instead of dinner. Instead of going to the movies, check the paper for less expensive options like art shows or community concerts.

Do you have a hard time keeping track of your family members' schedules? Keep a centrally located calendar at home to fill in with your appointments and events.

Discounts!

Here is a brief list of some of the businesses that offer military discounts. Contact the vendor for details. If you know of other places that offer free or discounted goods and services to service members and their families, let us know.

McDonald's, 3282 Telegraph Road., St Louis, MO 63125

Jack in the Box, 2666 Telegraph Road Saint Louis, MO 63125, (314) 894-8716

Quizno's Classic Subs, 7345 S. Lindbergh Boulevard, St. Louis, MO 63125, (314) 845-6363

Hooters of South County, 7517 S. Lindbergh Blvd, St. Louis, MO 63125, 314-845-1899

Hidden Valley Golf/Ski Resort, 17409 Hidden Valley Drive, Wildwood, Missouri 63025, (636) 938-5373 Sears Portrait Studios offers personnel with an Active Duty ID a special which includes 20% off in-studio and online portrait purchases and a free session fee. http://www.searsportrait.com/USA/?tag = A46FD866CBCB41A4919078D11E9 E2B3D91C989B83AE240D0BDE5805 EABF2137E

St. Louis Cardinals, 250 Stadium Plaza, St. Louis, MO 63102, (314) 421-3060

What's @ Scott?

INFORMATION, TICKETS AND TOURS (ITT)

The Information, Tickets and Tours office (ITT) has a variety of tickets on sale for your convenience. During the season this is the headquarters to buy "Theme Park" tickets, including Disney World, Universal Studios and Silver Dollar City. We also have tickets for entertainment and hotels/lodging in

Branson, Missouri. Condo rentals through the Armed Forces Vacation Club are also available. From August to November, we have coupon books for your convenience.

The ITT office is located in Outdoor Recreation, Bldg. 3176. For more information call (618) 256-5919.

Highlights of discounted tickets for events and shows currently available:

St. Louis Steamers

Les Miserables

Disney World/Disney Land
Branson Tickets
Bissell Mansion Trip
Bull Riders Built Ford Tough Series
Get Your Mamma Mia
Finding Nemo on Ice
"On the Record" at the Fox
Boat and Sports Show
Home and Garden Show

The 3d Battalion, 383d Regiment, 3d Brigade, 75th Division (TS) Family Readiness Group published this bulletin. The goal is to provide information to soldiers and their families. Articles and information that this bulletin contains do not necessarily reflect the policy of the Department of the Army or constitute the Department of the Army's endorsement of anything contained in this publication. This publication will expire one year from the publication date.

GERARD RIDEAUX LTC, TC Commanding

3d Battalion/383d Regiment/3d Brigade/75th Division (TS) 26 Sherman Road Saint Louis, Missouri 63125-4191

OFFICIAL INFORMATION

ADDRESS CORRECTION REQUESTED

Subscriber Name Number Street Address City, State Postal Code Country